

# American Alpine Institute<sup>Ltd.</sup>

## - Program Itinerary -

### **Alpine Mountaineering and Technical Leadership - Part 2**

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**Meeting Location:** The offices of the American Alpine Institute in Bellingham, Washington.

**Meeting Time:** Unless an alternate meeting time has been arranged, you should plan on meeting your guide(s) and the equipment shop staff at AAI's office a few minutes before 7am on the first morning of your program. For climbers staying at the Best Western, we will pick you up at 6:40am. on the first morning of this course.

**Day 1** - On the first morning of this program we will again do a brief gear check and strategically pack for the next segment of the trip. After a brief meeting and packing session we will drive to Squamish, BC or other similar rock climbing venue and spend the remainder of the day rock climbing.

**Days 2-4** - The group will work on intermediate and advanced rock climbing, rescue, and multi-pitch climbing techniques. The location for these days can change with local weather and conditions. There are several areas that work well for this technical rock climbing segment.

**Days 5-8** - The middle portion of this Part 2 program is spent in the heart of the Cascade Range. The Boston Basin and Cascade Pass areas offer many different options for varied ascents and climbing routes. The group will decide on what routes to climb and how to undertake each ascent. The climbing options can include Eldorado Peak, Forbidden Peak, Sahale, Sharkfin Tower, and others.

**Days 9-10** - We will spend these two days working on our steep ice climbing technique on the North side of Mount Baker.

**Days 11-12** - The students will plan and lead one final ascent at the end of this program. We will return to AAI's office on the afternoon of day 12 and students continuing on for the Part 3 course will have two days off.